



WORKSHOP SEA - 9 HOURS

A SEA OF STORIES

intermediate level (up to 5y sp)

"Sea of Stories" is a workshop inspired by the fluidity of the sea, which guides participants through the art of narrative passages from one story to another. From calm coastal waters to stormy waves on the high seas - we will learn to navigate narrative transitions, exploring how to weave together different stories.

A choral work entirely focused on the various possibilities of narration, story and transition from one story to another. Narrowing the camera on a small detail or enlarging the image to include what the eye had not noticed.

The tools we will use will be the study of narratives and transitions to move from one scene to another in an unconventional way and the diversity of the story proposal.

Goals

Develop fluency between stories: Learn to move from one story to another naturally. Creating different stories starting from what we already have available on stage, having fun with the flow of stories, energies, relationships and emotions.

Exploring group dynamics: Collaborate like a ship's crew, where each member contributes to the journey; listening and connection will also lead us to wordless transitions, using body work and silence.

Increase active listening: Listen and react to scene partners' input to build shared stories.



Mariadele Attanasio

Maria Adele Attanasio was born in Siena in 1981, she discovered the theater at fifteen and never left it again.

She attended the experimental theater school in Perugia and, in 2003, she came across theatrical improvisation, from that moment on she participated in professional national championships around Italy and world improvisation championships.



She was the only Italian guest at the Spontaneus international improvisation festival in Lyon in 2010, at the ImproFestival in Berlin in 2014, at the international festival Subito!, Brest, in 2015, in Vienna in 2017, at Momenta! Leipzig Festival, in 2019. She Takes part in world championships of theatrical improvisation in Montreal, Geneva and Brussels.

Over the years, she deepened her study of commedia dell'arte and the mask at the European School for the Actor's Art in S. Miniato di Pisa, where she also studied singing, contact and biomechanics, with the teachers of the National Academy of 'Dramatic Art Silvio D'Amico.

For over 10 years you have managed the artistic direction of the theater seasons for Voci e Progetti, coordinating event projects (shows, festivals, reviews), also taking care of the communication aspects.

After staging Shakespeare's Inedito for the Impproteatro Festival of Naples in 2014, she joined the Inedito company, which specializes in staging completely improvised Shakespearean comedies and dramas, directed by Stefano De Luca.